


Senior Services Menu

March 2020

Senior City on 76th Street

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Salad Bar - Cobb</p> <p>Sliced Italian Sausage Green Peppers & Onions w/Red Sauce, Penne Pasta & Fruit Cup</p>	<p>3 Salad Bar - Ham</p> <p>Bacon Wrapped BBQ Chicken, Potato Wedges & Baked Beans</p>	<p>4 Salad Bar - Turkey</p> <p>Beef & Broccoli on Rice, Side Salad & Roll</p>	<p>5 Salad Bar - Egg Salad</p> <p>Taco Bar w/Beef & Chicken, Chips, Salsa, Refried Beans, Cheese, Lettuce, Tomatoes, Sour Cream, Mexican Rice, Soft</p>	<p>6 Salad Bar - Chef's Choice</p> <p>Herb Roasted Pork Loin, Rice Pilaf & Sauteed Cabbage w/Bacon</p>
<p>9 Salad Bar - BLT</p> <p>Chicken Stuffing Broccoli Casserole w/Gravy & Side Salad</p>	<p>10 Brunch 10:30—12:30</p> <p>Salad Bar, Soup, Sand- wiches, Biscuits, Gravy, Bacon, Scrambled Eggs and more</p>	<p>11 Salad Bar - Ham</p> <p>Lasagna, Vegetable Medley & Garlic Bread</p>	<p>12 Salad Bar -Tuna/Egg Salad</p> <p>Chicken Florentine (Mushrooms & Spinach), Cauliflower & Roll</p>	<p>13 Salad Bar - Chef's Choice</p> <p>Beef Vegetable Soup, Grilled Cheese & Fruit Cup</p>
<p>16 Salad Bar - Chicken</p> <p>Chicken Fajita, Mexican Rice & Corn</p>	<p>17 Salad Bar - BLT</p> <p>Corned Beef, Cabbage w/ Carrots, Buttered Parsley Potatoes, Irish Soda Bread & Dessert</p>	<p>18 Salad Bar - Turkey</p> <p>Chili Bar w/Onions, Sour Cream, Cheese, Rice, Jalapenos, Crackers & Corn Bread</p>	<p>19 Salad Bar - Egg Salad</p> <p>Chicken Pot Pie, Mashed Potatoes w/Gravy & Fruit</p>	<p>20 Salad Bar - Chef's Choice</p> <p>Pork Cutlet, Cheesy Potatoes, Green Beans & Cheddar Biscuit</p>
<p>23 Salad Bar - Chicken</p> <p>Baked Potato Bar, Shred- ded Pork & Chicken, Cheese, Sour Cream, Ba- con, Broccoli</p>	<p>24 Salad Bar - Cobb</p> <p>Meatloaf, Mashed Potatoes w/Gravy & Roasted Brussel Sprouts</p>	<p>25 Salad Bar - Ham</p> <p>Chicken Alfredo Bake, Peas & Garlic Roll</p>	<p>26 Salad Bar -Tuna/Egg Salad SS Grilled Cheese w/ Havarti & Cheddar Chees- es, Bacon, Onion, Tomato & Herb Cream Cheese, Po- tato Salad & Pickle Spear</p>	<p>27</p> <p>Closed Staff In-Service</p>
<p>30 Salad Bar - Italian Meats</p> <p>Chicken Parmesan, Spaghetti w/Red Sauce & Broccoli</p>	<p>31 Salad Bar - Turkey</p> <p>Salisbury Steak, Mashed Potatoes w/Gravy & Corn</p>			 <p>Puts the Heart in Service Senior Services of Van Buren County</p>