


Senior Services Menu

March 2020

Senior City East

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cabbage Rolls, Red Potatoes Or Burger & Sides	3 Salad Bar-Chef's Choice Bacon Wrapped Chicken, Rice Pilaf & Green Beans	4 Breakfast Buffet Scrambled Eggs, Bacon, Sausage, Biscuits & Gravy, Potatoes, Fruit, Toast &	5 Salad Bar - Chef's Choice Chicken Florentine, Vegetable Medley & Roll	6 Birthday Friday Cod Sandwich, Potato Wedges & Baked Beans
9 SS Grilled Cheese w/ Havarti & Cheddar Cheeses, Bacon, Tomato, Onion & Herb Cream Cheese, Cole Slaw & Pickle Spear	10 Salad Bar - Chef's Choice Beef Stroganoff, Buttered Noodles, Glazed Carrots & Roll	11 Breakfast Buffett Scrambled Eggs, Bacon, Sausage, Biscuits & Gravy, Potatoes, Fruit, Toast & Bagels or Pastries	12 Salad Bar -Chef's Choice Lasagna, Side Salad & Garlic Bread	13 Kitchen Pot Luck Just Bring Your Smile and Appetite :)
16 Chicken Fajita, Mexican Rice w/Black Beans Or Burger & Sides	17 Corned Beef, Cabbage w/ Carrots, Buttered Parsley Potatoes, Rye Bread & Dessert	18 Breakfast Buffett Scrambled Eggs, Bacon, Sausage, Biscuits & Gravy, Potatoes, Fruit, Toast &	19 Salad Bar-Chef's Choice Chicken Pot Pie, Mashed Potatoes w/Gravy	20 Kitchen Pot Luck Just Bring Your Smile and Appetite :)
23 Baked Potato Bar w/ Shredded Pork & Chicken, Cheese, Sour Cream, Bacon & Broccoli	24 Salad Bar-Chef's Choice Chicken Alfredo Bake, Peas & Garlic Bread	25 Breakfast Buffett Scrambled Eggs, Bacon, Sausage, Biscuits & Gravy, Potatoes, Fruit, Toast &	26 Salad Bar -Chef's Choice Meatloaf, Mashed Potatoes w/Gravy & Roasted Brussel Sprouts	27 Closed Staff In-Service
30 Chicken Parmesan, Spaghetti w/ Red Sauce & Broccoli Or Sloppy Joe & Sides	31 Salad Bar - Chef's Choice Salisbury Steak, Mashed Potatoes w/Gravy & Corn			 <p>Senior Services of Van Buren County</p>